

Medication Services at Kingsway

Here at Kingsway, we work quite closely with all our local pharmacies, but over the last two years we have partnered with Sonichem to pilot a more robust medication review service.

The Aim:-

Sonichem already provided a Medication Use Review Service. Our aim was to make that service and these reviews more in-depth. This then enables our GP's to monitor key health indicators through the review feedback. Currently, we run these reviews for the registered patients of Sonichem only.

The benefits for patients include:-

- More appointments for medication reviews at convenient times, the results of which are then fed back to our GP's for assessment.
- Multi-Disciplinary approach to patient care that really assists patient welfare.
- Good working relationship with Pharmacists to make use of the full services they offer in conjunction with our own.

Sonichem also runs a New Medication Service which we make use of here at the surgery. When a Doctor or Nurse starts a new medication, this can now be monitored at the

Continued overleaf....

Medication Services Continued

local Pharmacy and communicated to the Surgery. This makes it more convenient for patients and means patients get the best out of the new medication they are on. It also means that pharmacists can contact the surgery in case of issues and these can be identified and resolved quickly and efficiently.

The Results:-

We have been very pleased with the results so far and patients have been satisfied with the outcome. Working in this way has a huge benefit to the patients and we feel there may be potential to expand this model in the future depending on funding.

We would welcome any feedback form current patients who have used this service. This can be emailed to: kingswaypractice.noreply@nhs.net



Kingsway
Surgery

Update for
August 2018

The Role of ANP's

ANP stands for "Advanced Nurse Practitioner" and we are fortunate to have three ANP's working with us at Kingsway.

Advanced Nurse Practitioners are trained specialist nurses who have undertaken additional medical education in order to provide advanced nursing and to prescribe medication.

Nurse Practitioners can provide treatment and advice for many problems for which you may have seen a doctor for in the past. Their main areas of expertise are in the management of long term conditions and common illnesses. They can also assess and examine you, make a diagnosis and provide advice and treatment including a prescription if necessary.

Advanced Nurse Practitioners are unable to carry out cervical screening tests and bloods tests. You would need to book in with a routine nurse for these appointments. They are also unable to attend to children under two years of age and pregnant women. In these cases, you would need an appointment with the GP.

Patient Participation

Group (PPG)

The Patient Participation Group is exactly as its name suggests. It is formed of patients who are prepared to listen, talk to and interpret for whoever is registered with our Practice.

There are often matters which puzzle, anger or completely baffle patients. We have been formed in order to assist you wherever we can. If we cannot individually explain, we will undertake to find an answer for you.

Maybe you have an idea that you believe will enhance the working of the practice! We can take it to the practice for you.

We are presently a small number and would like to increase that. If you feel you would like to take part, please contact Charlotte at the surgery.

(Article written by a member of the PPG)



Allergies:

With hayfever and other allergies aggravated with the change of season, please be aware that antihistamines, paracetamol and ibuprofen are no longer able to be prescribed on the NHS.

Should you suffer from any form of seasonal allergy, your Pharmacist can provide practical advice on treatment and medication. Should your symptoms worsen, please seek advice from your GP.

Some useful ways to help reduce symptoms of hayfever are:-

- Put Vaseline around your nostrils to stop pollen
- Wear wraparound sunglasses to stop pollen getting into your eyes.
- Vacuum regularly and dust with a damp cloth
- Shower and change clothes after being outside to wash pollen off
- Keep windows and doors shut as much as possible

23 Kingsway
Narborough Road South
Leicester
LE3 2JN

Thorpe Astley
Community Centre
Lakin Drive
Leicester
LE3 3RU

Phone: 0116 289 5081

Fax: 0116 263 0195

Insect Bites & Stings

Following the increasingly warm temperatures recently, insect bites and stings are also on the rise. Most bites and stings are not serious and will get better within a few hours or days, but occasionally they can become infected or cause a severe allergic reaction.

Bugs that bite or sting include wasps, hornets, bees, horseflies, ticks, mosquitos, fleas, bedbugs, spiders and midges.

Insect bites and stings will usually cause a red, swollen lump to develop on the skin, which may be painful or itchy. The symptoms will usually improve within a few hours. Some people suffer a mild allergic reaction where surrounding skin area becomes red, swollen and painful. This usually passes within a week. Severe allergic reactions can cause breathlessness, dizziness and swollen features. This requires immediate medical treatment.

You can ask your pharmacist for over the counter treatments such as painkillers and creams for itching. However if you're worried about a bite or sting and symptoms aren't improving, call NHS 111 or contact the GP.

